Welcome to SMU

Having been in your shoes not too long ago, we totally understand that choosing your ideal university is a HUGE decision. To make this a smoother ride, we are proud to present you with this handy booklet which will give you a sneak preview of what 'A Different U' is all about.

At SMU, you can expect to receive strong student support, be it for internships, community service or any student-related matters. There are a lot of opportunities for students to interact and engage with the local and overseas communities, senior executives who are the University’s corporate partners, potential employers, as well as faculty members and fellow students from overseas universities.

For us, these exposure opportunities, together with other student activities, have not only widened our world view, but also developed in us self-confidence, team-building skills, leadership abilities, as well as humility and empathy – all of which are life skills which will help us succeed as leaders later in life.

The SMU faculty is diverse and distinguished – we receive great support from our professors, who are mentors inside and outside of the seminar rooms... oh yes, you would have heard by now that we do not have 'lecture theatres' at SMU. All classes are held in MBA-style seminar rooms, which promote small-group interaction between students and faculty members, as well as among students.

Academic life will be demanding no doubt, but you can choose to balance it with a non-academic life that is equally exciting. Just turn to Chapter 7 for a sampler of what to expect of co-curricular activities (don’t say we didn’t warn you), and Chapter 8 for our vibrant and dynamic University calendar.

The SMU Experience awaits you in the heart of the city (take note: another plus) We look forward to having you join us soon in August 2014.

1. I have heard so much about SMU’s interactive pedagogy! I’m really looking forward to having the chance to speak up in class, and to share my thoughts and ideas. It’s really good to know that they train students to be bold, confident and articulate so that we are ready to face the world.

2. I learn so much each time I travel. The global exposure that SMU gives its students, including the opportunity to interact with corporate partners and peers from various backgrounds and cultures, will definitely allow me to gain new perspectives and open my eyes to the world.

3. I am not really sure which sector I want to go into when I graduate. But I believe SMU’s internship opportunities will help me make a more informed career choice, and gain real working experience. I heard that many seniors secure job offers even before they graduate!

4. I heard from my seniors that SMU students get lots of career skills training, support and counselling. That’s why they have an immediate advantage in the job market and also earn the highest starting salaries among local graduates.

5. I’m quite active in community work now, and I hope to continue serving even after entering university. I know SMU is my choice because they believe in giving students a well-rounded education which not only focuses on hard knowledge, but also people skills. And they take community service seriously.

6. I’m still not entirely sure which field I want to make my career in. I heard that at SMU, 70% of students do a double degree or second major. This flexibility will allow me to stretch my potential and increase my versatility!

7. According to my seniors, classes at SMU are really engaging and stimulating, thanks to professors who are not just teachers, but also facilitators and mentors. I also read that their world-class faculty come from as many as 30 nationalities! The diversity will certainly make for lively experiences in the classroom!

1. 7 top reasons to join SMU /p3
2. Passion to serve /p4
3. Map your career with SMU /p8
4. Internship for success /p10
5. I'm a globetrotter /p14
6. A diverse and inclusive SMU /p16
7. Experience SMU.
   Experience life /p18
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   My favourite City University /p28
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Social responsibility is a prized attribute of SMU students. Preparing our students to be responsible citizens who demonstrate leadership and integrity is an important aspect of SMU’s holistic education. That is why since the inception of the University, all students are required to complete a minimum of 80 hours of community service as part of their graduation requirement.

Unlike the teacher-directed Community Involvement Programme, or CIP, that you are familiar with, at SMU, students get to choose their own projects with guidance from the SMU Centre for Social Responsibility.

Be sure not to miss a mandatory briefing by the Centre held during your freshmen orientation period – it is there that you will get all the information (and tips!) you need about this graduation requirement.

Your community service involvement may be undertaken any time during your course of study, but as your seniors will tell you, it’s best to start as early as possible. Starting early not only gives you sufficient time to complete the required hours, it also means you have ample opportunities to find a cause that you are passionate about, and possibly one that you can continue to support beyond the 80-hour requirement.

Why would students do more than what is required, you ask? Well, there are plenty of opportunities for students to work with beneficiaries and non-profit organisations – be it with children from low-income families, the disabled, migrant workers, with environmental agencies or social enterprises. Many SMU students continue to volunteer beyond 80 hours because they see the impact of their contributions, and realise that they can make a difference; some even start their own projects in Singapore and abroad.

On average each student from the last two graduating batches clocked 137 and 145 hours of community service respectively. The average hours of the batch that will be Graduating in 2014 has already exceeded $160 hours each!‡

From 2000 until today SMU students have served $1.8 million hours in total! Most of the overseas community service projects are in Asia. However, our students’ footprint extend as far as Africa and USA.
Our mission is to produce bold, articulate students, visionary leaders with a fine sense of ethics and social responsibility, for the good of the community.

Mr Ho Kwon Ping
Chairman
SMU Board of Trustees

"I enjoyed every volunteering experience as I got to interact with different vulnerable segments of society and they have taught me much more than I have given. We are never remembered by the amount of money we have or the number of achievements we have, but we are remembered by each person to whom we made a difference, by each life we went out to touch."

Fiona Lim
3rd year social science student
Recipient of Yu Xin, Community Leadership Award 2012

"If not for compulsory community service, I would not have gone out of my comfort zone. The turning point was when I realised I should make the best use of it, and surrounded myself with like-minded individuals and started to think of ideas that impact the most people."

Nelson Goh
4th year business student
Nelson and 15 others went to Kenya in 2011, refurbishing and teaching at an orphanage, and he has returned every year. He and his team-mates also keep in touch with the children in the orphanage through letters.

"Mentoring primary school children from underprivileged backgrounds at the Pasir Ris Family Service Centre has been a fulfilling and enjoyable experience. Through close interaction, I now better understand what are the challenges and potential obstacles that these children face. I’ve also learnt how to motivate students to make a positive change in their lives, both academically and non-academically."

Suraj Dhanraj Binwani
2nd year economics student

76% Overseas projects
24% Local projects
Map your career with SMU

At SMU, the Dato’ Kho Hui Meng Career Centre supports you through your educational journey to strengthen your skills for career success. And it all starts in your freshman year. The Centre offers a suite of tailored services, including...

- Assigned Career Counsellors to help you with career exploration and job strategies, résumé and cover letter critiques, mock interview practice sessions, and career/personality profiling tools
- Career Champions Programme: paraprofessionals equipped with essential skills offering SMU undergrads peer-to-peer support for your career growth
- Finishing Touch Programme and Enrichment Workshops to equip you with the necessary skills and knowledge for internships and career development
- Recruitment and industry talks; networking events
- Suited for success wardrobe (Students can borrow corporate wear to attend career events and workshops)
- Access to the Career Resources Library
- Internship and full-time job search support

Maturity & balance
A competent, confident, humble individual is set to be a great leader for the future.

Global citizen
Global exposure, sensitivity and understanding towards world cultures and languages.

Tips:
- Seek out overseas internships, take part in overseas exchange programmes or study missions
- Gain knowledge from enrichment workshops such as ‘Cultural Intelligence’, ‘Fine Dining Etiquette – Western & Chinese Cuisine’ and many more

Achievements & experience
Outstanding academic credentials with a strong record of achievement and work experience.

Tip:
- Study hard to maintain a good GPA

Leadership, teamwork & communication skills

Tips:
- Embark on local/overseas internships
- Get involved in community service projects
- Participate in co-curricular activities
- Be part of the Career Champion Programme, a peer advising programme where we train you to be paraprofessionals to support your juniors and fellow schoolmates in their career planning and development by sharing your experiences. You will also get exclusive opportunities to engage with corporate partners

What do employers look for?
Know what employers look for in potential hires and interns, and build up your credentials to stand out in the job market.

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What do employers look for?
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Yes, you would have heard by now that internship is compulsory at SMU – a minimum of 10 weeks to be exact. But does anyone complain? No! And it’s because SMU students know that they can get a head-start in their careers by embarking on internships where they get to experience the real working world before graduating.

What’s more, internships are not only a good opportunity for you to apply what you’ve learnt in the classroom in a real-world setting, it is also a great opportunity to showcase your talents and competencies to prospective employers (and snap up that job before you even graduate!).

Did You Know?

10,000 corporate partners
across 18 industries
that offer internships to our students!

Your internship experience can be as ENRICHING as you want it to be. Many students do multiple internships in the course of their study to GAIN THE EDGE as a prime candidate for full-time work opportunities.

SMU HAS OVER

Most SMU students typically do their internships in their 2nd and/or 3rd year.

Each year, about 10% of students on internship secure internships overseas!

These lucky ones not only get exposure to the real working world, but also get to EXPERIENCE A DIFFERENT CULTURE!

The experience was indelible and nothing short of an adventure – it was my first time alone overseas and probably will not be my last. Overcoming the initial hesitation to venture out gave way to a priceless reflection on the rewards of independence, co-operation and ‘entrepreneurship’, all important qualities relevant in the context of a globalised world. The exposure to an economy in transition also allowed me to experience a unique dynamism in commerce from an alternative perspective.

Ang Ben You, 4th year business student
Interned at IE Singapore in Mexico

The company was applying for the 2013 Dubai Quality Award and one of the many ways to improve its processes and practices was to learn from the best. I learnt how to conduct effective industry benchmarking and formulate benchmarking proposals. Overall, the overseas internship has allowed me to grow as a person and broadened my viewpoint of the working world outside of Singapore. Assimilating into a workplace with diverse nationalities, cultures and backgrounds may be challenging, but the rewards are plentiful.

Aliff Ahmad Bin Yusman, 4th year economics student
Interned at Emirates Group Security in Dubai, UAE, in Summer 2013

Did You Know?

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‘You’re hired!’
Even though most interns strive to perform well during their internships, not everyone can be a Super Intern. So we’ve listed some super tips to help you make a super impression!

1. **BE PUNCTUAL**
   - **No one should wait for you**
   - Present yourself as a responsible worker by getting everywhere a little earlier.

2. **GET INVOLVED! BE ENGAGED**
   - **Speak up!**
   - Don't be a wallflower. Be confident.
   - Internships are all about making mistakes and learning from them.
   - Your bosses and colleagues will appreciate the fact that you gave your input and will be even more impressed when you show a willingness to learn from your occasional slip-ups.

3. **AN AIR OF GRAVITAS SPEAKS VOLUMES**
   - Display strength of character, healthy self-esteem and confidence.
   - Go ahead & share your awesome ideas and showcase the full spectrum of your abilities, but be careful not to come across as arrogant.
   - Be humble.

4. **DON'T JUST DO... THINK!**
   - Use your IQ & EQ.
   - Not just your muscles.

5. **LOOK THE PART**
   - Be professional and dress according to your workplace culture.
   - Keep a balance between dressing up too much and too little – make people remember you for your work, not how fashionable or badly-dressed you are.

6. **BE A LEADER AND A TEAM PLAYER**
   - If there’s an opportunity to lead a project, grab it!
   - Be resourceful and come up with solutions.
   - At the same time, be the perfect team player.

7. **BE AN ENERGIZER BUNNY**
   - Enthusiasm and energy never fail to light up the room.
   - Go above and beyond expectations to truly make a mark.

8. **DAZZLE WITH YOUR CHARMS**
   - Be the PR extraordinaire and get into everyone’s good books.
   - Seize every opportunity to network and make new connections. These people will put in a good word for you when a new opening happens to come up.
   - But be genuine.

9. **JUST DO IT!**
   - Internships are challenging.
   - It is hard work with little monetary benefits.
   - Bite the bullet and think of the longer-term goal (referral letters and recommendations, as well as a possible job offer).
   - Just do it! Nobody likes a whining intern.

10. **BE INdispensable**
    - This is a fool-proof way to impress and potentially get hired.
    - Be a linchpin.
    - Manage your load.
    - Don’t take on more than you can handle.

While performing well during an internship will likely result in a glowing testimonial which will add some sheen to your resume, trying your best to become a Super Intern will also give you many intangible benefits such as building your confidence and other soft skills.
I’m a globe-trotter

At SMU, every student has equal opportunity to take up a global exposure programme. In fact, as many as 84% of SMU students travel abroad – an unrivalled record among universities in Singapore.

The holistic programmes and diverse global exposure opportunities which can come in the form of overseas community service projects, internships, exchange programmes, study missions and competitions – expand our students’ horizons and expose them to different learning environments.

Through these programmes, students develop a greater understanding of and sensitivity towards cultures different from their own. These attributes make SMU students attractive candidates to prospective employers who look for global citizens who are able to adapt well in a dynamic and diverse environment.

We have exchange programmes with 218 OVERSEAS UNIVERSITIES.

“Travelling in a group of 50 musicians can be a chore – apart from our baggage, we had instruments to carry about. But through this hard work, we have fostered teamwork and friendships. Beyond the tangible memories of our visit, we returned from Vienna and Berlin with unparallelled memories of our 12 days spent together outside the classroom.”

Rachel Tan Cheng Yee, 2nd year social sciences student
Visited Vienna and Berlin in July 2013 for competition and performances. Rachel is now the President of SMU Symphonia

“On my industry study missions to Indonesia and Myanmar, I had the chance to visit places like coal mines, rice mills, sugar factories, and tea plantations. I learnt so much more beyond my textbooks. For example, being able to touch the actual grains of rice and chunks of coal that we have, up till that point, only thought of as prices moving up and down, gave me a whole new perspective to commodities trading.”

Hasihha Do Muhamel Nazir 3rd year business student
Visited Indonesia and Myanmar in 2013 with SMU International Trading Institute

“On my overseas community service trip to Nepal, it was one of the most enriching experiences I’ve had in SMU. We camped out in the mountains for two weeks while helping to refurbish a school. Without shower facilities or phone connection, we truly lived in the wilderness. We also had to cook all our meals, which made me appreciate the amenities we have in Singapore. The lessons we learnt in the classroom about teamwork were pertinent, as we had to rely on one another for basic necessities. It was an eye-opening experience and has made me a more resilient person.”

Dierdre Grace Morgan, 4th year law student
Served communities in Nepal in December 2011

“My six-month overseas internship in India at Extend Information Technology P/L turned out to be the most memorable time of my life. I had wonderful colleagues who made sure that I felt at home. As a quality assurance intern, I learnt how to conduct tests on the applications that were built by the company. I also had the best adventures of my life as I traveled around India, taking in the culture, food and seeing for myself how people lived. My outlook on life has changed and I have become more appreciative of what we have in Singapore.”

Suhaimi Bin Sudar 4th year economics student
Studied in Norway from January to June 2013

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Chen Suk Lium 4th year information systems student
Worked in India as an intern from May to July 2012

Among the undergraduate class of 2013

84% experienced
GLOBAL EXPOSURE

Students travel to >20 COUNTRIES FOR COMMUNITY SERVICE

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When I formed the team to compete in the KPMG Business Administration Paper, it was simply going for an experience, but I got much more than expected! The trip to Hong Kong not only gave me the opportunity to present my ideas, but also widened my network and exposed me to the business culture there. I really appreciated how well SMU’s presentation-heavy curriculum had prepared me to speak with confidence. I’m so proud that our all-freshman team brought home the international title!”

Samuel Tan, 1st year accountancy student
Led a team in the KPMG International business plan competition in Hong Kong in January 2014

The world is our campus
Diversity & Inclusion is an important feature that guides all that we do at SMU. Here, we are committed to ensuring access and equal opportunities for our students, staff and faculty members.

As a forward-thinking institution, it is also our promise to provide a safe and welcoming environment where every member of our community can fulfill their fullest potential.

Celebrating diversity at SMU

We celebrate diversity at SMU. Our students, staff and faculty are drawn from some 50 countries across six continents, comprising a range of groups, generations, identities and backgrounds. There are, therefore, many opportunities for inter- and multicultural interactions on SMU’s campus.

In July 2013, SMU launched a ‘glue’ series of dialogues, conferences and events aimed at strengthening bonds through discussions on sticky issues. The University also provides workshops, along with inside and outside classroom support to reinforce inclusion across our campus.

Support for persons with disabilities

We believe that everyone at SMU should be empowered to participate meaningfully on campus, regardless of the challenges posed by physical, sensory, learning, mental, and/or health issues. SMU has partnered with the Society for the Physically Disabled (SPD) to provide a range of services to improve the on-campus experiences of students, staff and faculty members with disabilities and/or special needs.

We also partner SPD to promote the best practices for inclusion within the University and beyond.

Almost every module we do in SMU consists of group work. Working with people from all backgrounds and cultures has provided me with such a rich and broad perspective of the world that we live in. Differences and conflicts may come about at times, and SMU has taught me to embrace them. Today, I know that when I travel, I have friends anywhere and everywhere.

Payal Chainani
3rd year business student

SMU has equipped me with the right tools I need for my learning journey. I no longer feel I need to hide my disability.

Sean Poh
2nd year social science student

Inclusion helps us to be better teachers, researchers, administrators, and learners. As an institution of higher learning, Diversity & Inclusion is our social responsibility. It challenges our young and young-at-heart to seek knowledge about others, to examine their own assumptions, and to develop informed perspectives.

Professor Arnoud De Meyer
SMU President

Sean Poh
2nd year social science student

Payal Chainani [3rd from left]
Student life in SMU is nothing short of exciting, vibrant and stimulating. With an undergraduate population of more than 7,000, and with a location right in the middle of the city, there is a huge amount of energy in our city campus.

Your learning outside the classroom will be centred around activities and programmes overseen by the SMU Office of Student Life, which encourages meaningful and active participation in a wide variety of co-curricular activities, or CCAs, and student-life-related university events. These complement the educational mission of the University and give students the best blend of academic and out-of-classroom experience for a fulfilling and meaningful university life.

**CO-CURRICULAR ACTIVITIES**

SMU students have a diverse choice of CCAs to participate in. Here, through both recreational and competitive participation, you will learn, serve and lead by example. Participation in CCAs may also involve overseas exchanges, immersions and competitions.

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**SMU LifeLessons: Lessons in life. Lessons for life.**

A structured out-of-classroom, values-based educational programme, aimed at complementing SMU’s academic curriculum, so that SMU students can gain a broad-based, holistic university experience.

The SMU LifeLessons syllabus inculcates in our students values and character-building qualities that will help see them through life.

**How?**

Students analyse case studies, have discussions, write journals, role-play, and have group conversations. Through these guided activities, they learn about themselves, their peers, their communities, and the world. By further engaging in community projects, they learn to put these values into practice.

**Why?**

Through SMU LifeLessons, students reflect on the importance of their university education, so that they can be the best for themselves, and more significantly, for others, to become exemplary and respected leaders of tomorrow.

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There are also

- **12 student leadership groups**
- **12 international student groups**
- **4 registered clubs** listed with the
**REGISTRY OF SOCIETIES.**

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<th>25</th>
<th>arts clubs</th>
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<td>covering music, dance, media, performing &amp; visual arts, and culture.</td>
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<th>special interest &amp; community service clubs</th>
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<tr>
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<td>that cover animal welfare, gourmet dining, environmental issues, debating, even wine appreciation!</td>
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<th>48</th>
<th>sports &amp; adventure clubs</th>
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<td></td>
<td>covering land sports, water sports, martial arts, as well as endurance and extreme sports.</td>
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There’s no formula to happiness, but dancing is my way of achieving it; I dance to express myself just the way I want to.

Lynette Ng Si Lin, 2nd year economics student, Dance Captain, 10th Exco, Caderas Latinas

For me, school wouldn’t be complete without student life. My advice to all juniors: join as many activities as you can – you’ll be exposed to different things and will learn lots from the experiences.

Darren Ong Wei Sheng, 3rd year accountancy student, Founder and President, 1st Exco, SOA Volunteer Corps; member of SMU Ambassadorial Corps

Sailing is a lot about resilience and humility – you cannot afford to stay upset after losing one race, and you cannot fight against the elements.

Mok Zhi Wei, 3rd year accountancy student, Training Development Officer, 9th Exco, SMU Sailing

The best thing about leading the Students’ Association is that I was able to make a positive impact on student life.

Cherie Neo, 3rd year business student, President, 13th Exco, Students’ Association and 9th SMU Students’ Association Council

One day when you’re less agile or too old to play, and can only watch as spectators, you will then realise how much you once loved this sport and the beautiful friendships made.

Natasha Imani Binte Jasni Mohammed, 2nd year accountancy student, Vice-President (Events/Comms), 13th Exco, SMU Floorball

Nothing makes me happier than watching international friendships being built and seeing people connected in SMU. I want people to feel that SMU is their second home, just like I do.

Alice Nguyen Dinh Hong Duong, 2nd year economics student, Vice-President, 10th Exco, SMU International Connections (ICON)
At SMU, there is always something to look forward to, no matter what time of the year. Here’s a sneak peek at the events you can expect on campus. You may be swamped with work, but there’s always a chance to enjoy student life!

**January**

**SMU PATRON’S DAY** – The New Year kicks off with one of our largest and most vibrant campus events to commemorate the founding of SMU. Each year, this event is graced by Singapore’s President, and the University is filled with student-run booths showcasing aspects of SMU’s student life activities. Singers, dancers and comedy acts occupy the main stage all day long. Definitely not to be missed, especially when there’s free food and drinks!

**U+ARTS SEASON** – A celebration of SMU’s vibrant arts scene, with performances, concerts and visual arts exhibitions by students and external artists. The Season begins every January and August, and is held throughout the term.

**CAREER DAY** – A one-stop resource fair by the Dato’ Kho Hui Meng Career Centre (DKHMCC) for students to pick up useful tips, such as basic hair and makeup techniques, and how to look sharp for a job interview. You’ll also get free professional headshots that will come in handy for your CVs and LinkedIn profiles!

**Internship & Career Fair** – A biannual Fair by DKHMCC that features MNCs and SMEs from various industries, and companies in the public sector. The perfect platform for you to network and interact with prospective employers.

**February**

**VALENTINE’S DAY** – A day for the hopeless romantics in SMU to get in touch with their warm fuzzy side or just simply for celebrating friendships. CCA clubs set up booths along the concourse with free goodies to spread the message of love and friendship.

**WAIKIKI** – Held at Sentosa, Waikiki, organised by SMU Sports Union, doubles up as a competitive sports event and is a great way to unwind on the beach. Nothing beats a weekend of sun, sand and sea, spent with friends!

**March**

The period after the mid-term break, when things start to slow down, as students prepare for upcoming exams. Nonetheless, there are many events taking place, including Overseas Community Service Project (OCSP) fund-raisers, networking events and recruitment drives to be part of Summer activities such as freshmen camps.

**UNIVERSITY STUDENT LIFE AWARDS** – The university gathers at this fun-filled celebration to honour the achievements and talents of students, CCA groups, faculty and staff who have collectively made SMU’s student life that much more exciting!

**April**

A month of hard work and exams. You’ll see everyone permanently in his or her best formal outfit, making one presentation after another.

**STARRY NITE** – A rock concert showcasing student musicians, held on the Friday of Week 13 during both semesters. A fantastic time for students to unwind while bobbing along to their favourite tunes.

**May – June**

Summer time! May and June are the months when most SMU students go for OCSPs, Business and Cultural Study Trips (BCSTs), and internships. At the same time, seniors involved in the freshmen camps have event planning commitments and are at their busiest at this time.

**July**

**COMMENCEMENT** – A grand ceremony and celebration for all students (and their families) who complete their undergraduate and postgraduate studies at SMU. All guests are treated to music, song and dance performances put up by graduating students and award-winning CCA groups.

**FRESHMEN TEAM BUILDING** – The largest school-wide camp, which marks the start of the Freshmen Experience. This is a chance for newcomers to meet their peers, mingle with senior camp facilitators and just have fun! There are also plenty of other camps organised by the six Schools. Attend as many camps as possible because this is probably where you’ll make some of your best friends in university. You’ll be able to join these camps at sign-up booths during your matriculation period.

**INTERNATIONAL CONNECTIONS CAMP** – Open to all local and international students, this exciting camp gives you the opportunity to have a blast (re)discovering Singapore with new friends from around the world.

**August**

This is an especially colourful period filled with a series of events for freshmen to experience SMU.

**CONVOCATION** – Every year, incoming freshmen get a special welcome at SMU Convocation. This is a grand ceremony as much as it is a splendid performance and party to give new students, and their family and friends, a vision of what SMU is all about.
VIVACE – SMU’s very own CCA Fair – take a look at what each CCA offers before deciding which to join. Visit the booths set up all around the campus and enjoy performances at the concourse T Junction. All freshmen should not miss the DKHMCC FRESHMEN ORIENTATION where you will be briefed on everything you need to know about career preparation and development – yes, it starts this early at SMU!

September

‘MAJOR DECISIONS TALKS’ – Organised by the Schools, this event helps to clarify any doubts students may have in deciding which major to choose. It’s a great idea to attend as many of these talks as possible to make an informed decision.

SPORTS FIESTA – Organised by the SMU Sports Union, this is SMU’s largest sports carnival where you can take part in a range of sports activities to compete for awesome prizes, or just for fun.

SMU PEACE DAY – An annual event held in conjunction with the UN International Day of Peace.

SMU CHALLENGE – Be sure to take part in this annual signature fundraising event where the entire SMU family – students, alumni, faculty members and staff – do their bit for the community.

October

INTERNSHIP & CAREER FAIR – Another opportunity in the year to engage with prospective employers and impress them with your great personality and CV.

November

SMU’s extreme mugging period where ‘tents’ mysteriously appear in the library. Exams begin at the end of November, with everyone scrambling to complete projects and assignments. But worry not, there’s another STARRY NITE CONCERT to look forward to before the study break!

GLOBAL ENTREPRENEURSHIP WEEK – Organised by the ‘Real Business’ club. A great opportunity to be inspired by the growing entrepreneurial spirit in Singapore, or even seek to get involved with some of the most exciting start-ups around as an intern.

December

A month of holidays! But student life carries on. Many embark on OCSPs or BCSTs and internships. If you are elected into an Executive Committee of a CCA, this is when leadership transitions occur.

After December, the whole cycle starts again! Be prepared for the same events with an exciting twist; they get better every year!

Tip: Throughout the year, be sure to look out for talks and seminars by industry experts, diplomats, celebrities and entrepreneurs who stop by our city campus to share their invaluable experience with students.

New building, library for School of Law

Come 2017, the SMU campus will feature a new School of Law building. It will be a distinctive landmark containing state-of-the-art facilities to enrich the learning experience of SMU law students and better engage our alumni and the legal fraternity.

A key feature of the building is the Kwa Geok Choo Law Library, named in memory of the late Madam Kwa Geok Choo, wife of former Prime Minister Lee Kuan Yew. The building will also house the David Marshall Moot Court, the SMU Pro Bono Centre and other research centres.

New building, library for School of Law

SUTD-SMU Dual Degree in Technology and Business Management

In academic year 2014, a new dual degree programme will offer up to 45 top-achieving students the exceptional opportunity to pursue an Engineering degree from SUTD and a Business Management degree from SMU concurrently. Students will take classes in both campuses and will experience the best that both universities have to offer.

An ‘SMU Village’ in the heart of the city

The SMU campus may evolve further five years from now, with an ‘SMU Village’ on the cards. While the University is still in talks with the
Being a student can be a stressful affair, but did you know that some stress can be good for you? It keeps us focused and motivated!

When the tough gets going, it may seem like there’s nothing you can do about that stress… but you have more control than you think! In fact, the simple realisation that you’re in control of your life is the foundation of stress management.

Managing stress is all about taking charge of your thoughts, emotions, schedule and the way you deal with problems.

Tip #1: AVOID UNNECESSARY STRESS
You’ll be surprised by the number of stressors you can eliminate. For example, know your limits and learn how to say ‘no’, or take control of your environment and schedule. Analyse your responsibilities and daily tasks and pare down your to-do list if you’ve got too much on your plate.

Tip #2: ALTER THE SITUATION
If you can’t avoid a stressful situation, try to alter it. Figure out what you can do to change things so the problem doesn’t present itself in the future. Very often, this involves changing the way you communicate. For example, express your feelings and communicate your concerns openly and respectfully instead of bottling them up.

Tip #3: ADAPT TO THE STRESSOR
You can also adapt to the stressful situation and regain your sense of control by changing your expectations and attitude. Try to view stressful situations from a more positive perspective, or focus on the big picture. When stress gets you down, take a moment to reflect on all the things you appreciate in your life. This simple exercise can help you keep things in perspective.

Tip #4: ACCEPT THE THINGS YOU CANNOT CHANGE
Some things in life are beyond our control. In these situations, the best way to cope is to accept things as they are. This may be difficult, but in the long-run, it’s easier than railing against a situation you can’t change. Try to look on the bright side, share your feelings with a trusted friend or family member, let go of anger and resentment, free yourself from negative energy and move on.

Tip #5: MAKE TIME FOR FUN AND RELAXATION
You can reduce stress in your life by nurturing yourself. Make time for fun and relaxation and you’ll be in a better place to handle life’s stressors. Go for a walk, spend time in nature, have a good workout, or play with a pet. Sometimes, simply listening to your favourite music or calling a good friend can help you relax and recharge.

How to better manage stress?

Stress management starts with identifying the sources of stress in your life. Think about the ways you currently cope with stress, and how you and your body respond to different stressors. Since everyone responds to stress differently, there is no ‘one-size-fits-all’ solution to manage it. However, it’s helpful to think about the 4As – avoid, alter, adapt and accept. Here are 5 tips to help you bust that stress!

ABOUT MRS WONG KWOK LEONG STUDENT WELLNESS CENTRE

SMU has a dedicated wellness centre that provides students with mental health support and offers students a safe space to explore and manage their personal lives through sessions with professional counsellors. Facilities are also available for students to have a mental repose from the daily hustle and bustle of academic life.

Staffed by professional counsellors who provide assistance and support for students facing challenging circumstances in their lives, the Centre regularly organises individual or group counselling, seminars and workshops. The Centre’s professional counselling team also work hand in hand with SMU Peer Helpers, a group of undergraduates who have been trained in basic helping skills. Peer Helpers offer emotional support and a listening year within their circles of friends who may be experiencing emotional or personal challenges.

All SMU students are free to contact the Centre for an appointment, which is strictly confidential and free of charge. Tel: 68280786 / Consultation hours: Mon-Thu 9.30am-5.30pm; Fri 9.30am-3.30pm

Quote of the day

If you are distressed by anything external, the pain is not due to the thing itself, but to your estimate of it; and this you have the power to revoke at any moment.

– Marcus Aurelius
My favourite City University

We are a university which embraces our unique ‘City University’ location and identity. Your seniors will tell you how much they appreciate being able to study in a campus where everything is a stone’s throw away – whether it is the courts, the museums, the malls, or the many eateries and their favourite haunts that make university life more comforting and unforgettable.

SMU is also the venue sponsor for the Singapore Biennale, Singapore’s Night Festival and Singapore Writers’ Festival.

Additionally, we are so accessible from the Central Business District that many of your seniors remain active in SMU during their internship days or even after they graduate.

*Road distances are approximate and calculated using mapometer.com.*
Stepping into an all-new environment can be a daunting experience. To help you better navigate your initial days in SMU, here are some popular acronyms that you will hear around campus to get you better acquainted with university life here!

| **CONVOC** | Convocation. At SMU, every freshman gets a formal welcome to the university at an event organised just for them. |
| **FTB** | Freshmen Team-Building Camp |
| **FACI** | Facilitator |
| **RA** | Research Assistant |
| **TA** | Teaching Assistant |
| **LKCSB, SIS, SOA, SOE, SSL, SOS** | These are the six schools in SMU, namely: Lee Kong Chian School of Business, School of Information Systems, School of Accountancy, School of Economics, School of Law and School of Social Sciences. |
| **CSP / OCSP** | Community Service Project, Overseas Community Service Project |
| **MRA** | Mochtar Riady Auditorium, one of two auditoriums on SMU campus. With a seating capacity of over 300, this is where many distinguished and eminent leaders in the global public and private sectors meet and interact with SMU faculty members and students. |
| **SMUSA** | SMU Students’ Association |
| **NAMETENT** | Students have to put up their names in front of them during the lecture. This facilitates discussions, and helps professors remember your name to award class participation points. |
| **BOSS** | Bidding Online System. At SMU, all undergraduates register or enroll for classes via a bidding system called BOSS. Each term, the students are given e$ which they use to bid for courses. This empowers them to draw up their own timetable based on personal choices and study plans, subject to the constraints of curriculum requirements, and the supply and demand of classes. |
| **TURN IT IN** | An online software that checks for plagiarism on your assignments. When friends asked if you have “turned it in” it refers to the submission of your assignment online, in the Elearn dropbox. |
| **SUMMA CUM LAUDE, MAGNA CUM LAUDE, CUM LAUDE** | Latin honours adopted from the US system, and can be translated as “with Highest Distinction”, “with High Distinction” and “with Distinction” respectively. At SMU, students are awarded their honours according to the level of academic distinction that they have achieved, as reflected in the final Cumulative GPA that they attain. |
| **COMMENCEMENT** | Commencement ceremony, i.e. graduation ceremony. |